

What is a Silent Disco

A Silent Disco provides a space where everybody listens to music via their own wireless headset, which offers a choice of different playlists and volume levels. While to the outside world, it is SILENT. The idea is to provide an environment whereby people with diverse sensory needs can participate with their peers.

You will be able to hear the music via wireless headphones, but those who are deaf or hearing impaired can also feel the music by wearing a specially designed strap or vest that carries the vibrations of the music through their body!



Silent Disco Benefits



Inclusive of those with diverse sensory needs

Reduced distractions

It's FUN!

Reduced anxiety

Variety of music

Sense of belonging for all

Participation with peers

Less distracting for others

Individual headset with full control of your environment

(volume level and playlists)

People with hearing impairment or who are deaf

can participate by feeling the music!