

Name: _____

Circle the synonyms for *calm*

tranquil furious

hungry serene

harmonious mad peaceful

restful aggravated

composed content

untroubled

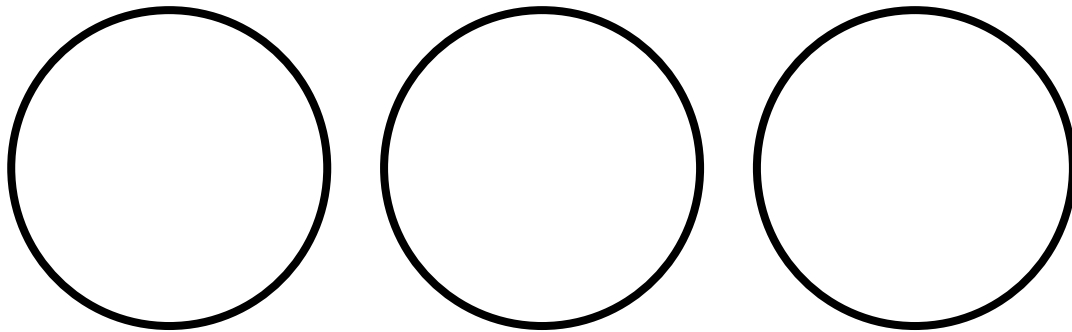
I feel calm when:

Ways I can calm myself down:



Flexagons refocus attention and use repetitive actions to create calm.

The 3 colours I will use on my Flexagon are



Materials I will need: