

Early Stage One

Rain in a Tube

Teacher Guide



Uses & Benefits

'Rain in a tube' can be used to hold, fidget with, manipulate and listen to. It is great to use for focus, calming, grounding and distraction

Materials & Equipment

Materials

- 1 x cardboard tube, e.g. paper towel roll or a long, thin plastic jar
- ½ cup of uncooked grains, e.g. rice, popcorn, lentils, chickpeas, or other legumes (you can use more or less, depending on the sound required and size of the tube)
- Masking tape
- Paint or coloured tape
- A range of textured embellishment bits and pieces, e.g. ribbons, fluffy balls, feathers, sequins, beads, pipe cleaners, coloured paper.

Equipment

- Scissors
- Hot glue gun or craft glue
- Funnel
- Optional: paint brushes, water to clean brushes, painting aprons.

How to make

1. Seal one end of your tube with masking tape so that the grains you have are not able to pass through.
2. Place the grains in the tube and seal the other end with masking tape. You may add more or less grains or use one or a combination of grains to individualise them and give them different sounds.
3. Decorate the outside of your tube with paint or coloured sticky tape.
4. Embellish the tube with a range of items to give the outside of the tube some texture and colour.

Where to get supplies

Most schools or classrooms will have a lot of the materials needed for this project like coloured paper, paints and embellishment bits and pieces. They can also be found at department or craft supply stores.

The cardboard tubes can be brought in from home, or purchased either online through a range of suppliers or from other craft supply stores.

Caution

When using a hot glue gun ensure that children are properly supervised so they do not burn themselves or get glue everywhere. You may wish to use craft glue instead for a safer option, however the glue may not hold as well or set as quickly.